

St. Xavier's School

Syllabus and Lesson Planner



Class	CLASS 4	Syllabus		
Subject	SOCIAL STUDIES			
Tr's Name	Sanjay Kumar Pattanayak	2026-27		
Ch. No.	Name of Chapters	Topic	Month	Week
FIRST SEMESTER				
1	UNDERSTANDING HISTORY	What is history? The need to study history. Understanding history better. The three periods of Indian history-- The Ancient , the medieval and the modern period.	APR	2
2	SOURCE OF HISTORY	Source of history. Archaeological Source: monuments, artefacts,coins Inscriptions, Literary or written sources--religious writings, biographies and autobiographies, accounts of foreign travellers.	APR	2
3	CALENDARS AND TIMELINES	What is an almanac? History of calendars. Gregorian calendar, the Saka calendar. Background of the Saka Calendar.	MAY	2
4	UNDERSTANDING CIVICS	Introduction to civics. Who is a citizen? What are our rights? Developing a civics sense.	JUNE	2
5	RESPONSIBILITY OF A GOOD CITIZEN	Taking care of public property. Taking care of private property What are elections?	JULY	3
7	THE FOUR DOMAINS OF THE EARTH	Lithosphere	JULY	1
		Hydrosphere		
		Atmosphere	AUG	2
		Biosphere		
8	MAJOR LANDFORMS AND WATER BODIES	Major Landforms- mountains plateaus, plains and deserts.	AUG	2
		Continents		
		Oceans	SEPT	2
		Other water bodies.		
		REVISION	SEPT	2
SECOND SEMESTER				
6	MOTION OF THE EARTH	Motion of the earth. Rotation , Revolution Seasons on the earth Solstices and equinoxes Seasons in India	OCT	2
9	UNDERSTANDING MAPS	Maps		
		Kinds of maps - political, physical, thematic.	OCT	1
		Features in a map - directions , symbols , colours , scale , legends.	NOV	2
10	STATES AND IMPORTANT CITIES	States , Union territories	NOV	1
		Important cities of India - New Delhi, Kolkata, Chennai , Hyderabad , Jaipur , Agra	DEC	2
		Our neighbours		
11	PHYSICAL DIVISIONS OF INDIA	The Himalayas or the Northern mountains. The Himadri , the Shivaliks Importance of the Himalayas The northern plains, importance of the northern plains The peninsular Peninsular plateau, the central highlands , Deccan plateau The importance of the Peninsular plateau	JAN	2
12	MAJOR RIVERS OF INDIA	Water-- an important resource The Himalayan rivers - the Ganga river , the Brahmaputra river, the Indus river. The Peninsular rivers-- the Krishna river, the Mahanadi river, the Kaveri river, the Narmada River	JAN	2
17	UNDERSTANDING THE PEOPLE OF INDIA	Life of the people in the Himalayan region--clothes food, language, art and culture, celebration, occupation Life of the people in the Northern Plains- clothes food, language, art and culture, festivals, occupation Life of the people in the Peninsular region- language art and culture, festivals, food, occupation Our differences make us unique Unity in Diversity	FEB	2
18	OUR ENVIRONMENT	Kinds of waste: Biodegradable, non biodegradable Disposal of wastes Applying the three R's- Reduce, Reuse, Recycle What is pollution ? Kinds of pollution- Air pollution-causes and effect. Water pollution-causes, effects and preventions Noise pollution- causes, effects and preventions	FEB	2