

# THE VERVE

ST. ANTHONY'S SENIOR SECONDARY SCHOOL

## From the Principal's desk

### EDUCATION: The Means to keep us updated

Dear students, parents, teachers and well wishers,

Life is a school where all human beings are students. The school of life offers you lessons directly and indirectly. Experience is the best teacher in Life. The problem with experience is that by the time you gain it, you may not have enough time to profit from it. Nature teaches valuable lessons, but only to those who are open to it. People whom you encounter educate us daily- sometimes they educate us more than several years of study of books.



## Reflections on Education

- Education is a long-term investment - Nobody can take it away from you ever. Nobody needs to have the fear of losing it either. It is a valuable asset, both for those who give and those who receive. Therefore, it is said that if you are planning for a lifetime, educate yourself.
- Education inspires growth - Kahlil Gibran has rightly said that the "Purpose of education is to make the students unlike their teachers." Education is not what happens to you, but what you do with what happens to you.
- Education makes you different - It makes you act rather than react to meet adversities courageously, and to think differently and intelligently.



*Mother Seraphina  
(Francesca Farolfi)*

“The students should confide in their teacher their pains and joys; they should, however, be vary of revealing their personal matters to all and sundry ”

“ Pray... for prayer can obtain even the impossible ” - Mother Seraphina

- Education makes you humble - Education takes you from absolute surety to thoughtful uncertainty.
- Education makes you aware - Education makes you gain conscience of who you are and what you should do.
- Education makes you mature - It helps you control the circumstances rather than be controlled by them. It forms your character, strengthens your will, expands your intellect and helps you stand on your own feet.

### Plan of Action

- Discipline yourself - Education not only has to do with the intellect but also with the heart. In fact, the best education is the education of the heart. Hence, discipline your mind and heart. Only those who can discipline themselves are fit to discipline others.
- Engage yourself in serious study - Education is an on-going and never-ending process. Therefore, study as if you were to live forever and live as if you are to die tomorrow.
- Keep updating - The educated never finish with learning, because the reservoir of learning is very vast. You can learn things every day from everything.

Thus, let's keep in mind the role of education in the wider perspective and keep learning. It's never too late to educate oneself and it's always too early to stop educating oneself.

May God Bless You all

Sr Daisy  
Principal



“ Oh! How sweet and gentle is the inner whispering of grace! ” - Mother Seraphina

# CANNISTER OF MEMORIES

2022

## Orientation Programme ( March 14 )

An online orientation was held for classes LKG and UKG where the rules and regulations of the school reopening were explained to the parents and they were assured that proper care will be rendered to each child.

March

## New Academic Session ( April 4 )

The school witnessed a New beginning, New Year and New Life that welcomed the students with a vibrant and an enthusiastic aura. The school resonated the spirit of positivity and powerful elixir that illuminated the Anthonian Family.



## Ram Navami ( April 8 )

Ram Navami is a Hindu spring festival which celebrates the birthday of Rama, the seventh avatar of Vishnu. With regards to this auspicious festival, a special assembly was conducted by the students of class IX A which encompassed the birth of Rama and his teachings, thus, echoing the descent of Vishnu as the Rama avatar, through his birth to King Dasharatha and Queen Kausalya in Ayodhya.



## De-Worming Programme ( April 11 )

The De-Worming Program was administered for all classes, it was conducted through meticulous planning and organization with the aim of improving the overall health and boosting the quality of life of each child all along deactivating the worms commonly found inside children's bodies too.

"Abandon yourself in the hands of Jesus and he will do what is best for your soul".  
- Mother Seraphina

“Our biggest challenge in this new century is to take an idea that seems abstract – sustainable development – and turn it into a reality for all the world’s people” ~ Kofi Annan

collect  
beautiful  
moments

## Ambedkar Jayanti ( April 12 )

On the auspicious occasion of Ambedkar Jayanti, Class IX B conducted a meaningful assembly wherein, they motivated the students and focused on the values of being self-righteous, disciplined and independent.



## Investiture Ceremony ( April 21 )

“A leader is the one who knows the way, goes the way and shows the way.”

The dawn of April 21 brought the illuminative rays of bestowing responsibilities on the young learners of the school so as to lead the school, culminating the virtues of dedication, commitment and confidence.



## Easter ( April 13 )

“The greatest treasure of Easter is to imbibe the microcosm of renewal and hope.” The resurrection of Jesus formulates the path of rejuvenating a new life and hope of returning back to Jesus. St. Joseph’s House presented an assembly on this most memorable occasion, with meaningful enactments and dance.



Moments

“It is in such small tasks that one unfolds her bent of character.” - Mother Seraphina

“Sustainability is here to stay or we may not be” ~ Niall FitzGerald

### Disaster Management ( April 25 )

The students of Class X undertook the assembly which stressed on the concept of administering first aid, awareness with regards to certain natural calamities like earthquake and cautionary measures that should be taken to prevent COVID-19 from spreading, the technique of giving CPR was also taught.

### School's Blessings ( April 27 )

School Blessing comes across as one of the major events which is undertaken with utmost devotion. The Anthonian Family witnessed the powerful blessings with the sprinkling of Holy Water in each and every classroom, thus, evoking an aura of divinity with students joining hands to receive the blessings of The Almighty God.

### Eid-Ul-Fitr ( April 26 )

A celebration of multifarious cultures and festivals symbolized the Unity in Diversity echoing the concept of India's unification. Thus, students of Class IX B conducted a special assembly to highlight the spirit of Love, peace and friendship and spread the message of Eid.



### Institute Week ( April 26-30 )

As a part of the Institute Day, various activities were undertaken like collage, poster and rangoli making competitions and the winners were rewarded in the commemoration of Mother Seraphina, the foundress of CFMSS Congregation.

"The exterior cleanliness indicates interior purity." - Mother Seraphina

“The best way to predict the future is to create it.” ~ Peter Drucker

### Seraphinian Cell ( May 2 )

The Seraphinian Cell was inaugurated on Institute Day and consists of student and teacher representatives who will act as catalysts of Mother Seraphina. Badges were also presented to the members of the newly formed Seraphinian Cell.



### Institute Day and Recognition Day ( May 2 )

The Clarist Missionaries of the Most Blessed Sacrament was founded by Mother Seraphina, officially approved and came into being on May 1, 1898. To commemorate this day, St. Mary's House conducted a remarkable assembly to venerate the Most Blessed Mother of the Anthonian Family.

Formation of a new cell called The Seraphinian Cell was incorporated in the school. The day saw an array of programs in honour of Mother Seraphina and the CFMSS congregation illuminating the life, mission and vision of our Foundress. This day each year the school recognises the academic toppers and rewards them with certificates.

### Welcoming Ms. Manju Sahni ( July 1 )

Ms. Manju Sahni was welcomed as the new Pre Primary in-charge with a bouquet of flowers and cards. The school management and students were delighted to have her back on board!



### Outreach Program

The students of class 12 along with teachers in-charge went for an outreach program near the school premises with a pure sense of empathy and kindness. They donated food packets and received blessings from all those present. It was an eye-opening moment for the students as they witnessed the plight of the real world and gained a new perspective of their conditions.



### Ek Bharat Shreshtha Bharat ( May 11 )

An assembly was conducted by class 9 and 10 on the initiative Ek Bharat Shreshtha Bharat to stress on the concept of unity in diversity.

“The teacher should see that the moral formation and academic knowledge go hand in hand and that love for virtues is inculcated in the pupils.”

- Mother Seraphina

"Sustainable development is development that meets the needs of the present without compromising the ability of future generations to meet their own needs." ~ Gro Harlem Brundtland

### Science Week ( July 25-29 )

During the much-awaited Science Week students of classes 6-12 participated in various Inter-House competitions ranging from slogan writing to debates. The students learned a lot about science through interesting activities and it was overall a fun and edifying experience for everyone.



### Plantation Drive ( August 3 )

A green environment is not only beautiful but also beneficial. Keeping this in mind a plantation drive was organized where the students and teachers planted trees in the school premises which will encourage the future generations to take care of the environment like their predecessors.



### Love & Light

### St. Clare's Celebration ( August 10 )

St. Clare's House conducted a grand assembly on the occasion of St. Clare's Feast. It was a mesmerising celebration which included prayer songs and a skit. The program concluded with a message from Rev. Sr. Daisy.




### Rakshabandhan ( August 10 )

Raksha Bandhan assembly was organised by St. Clare's House, it included dance performances symbolising the strong bond between brothers and sisters.



"Be generous, grow in holiness and remember the favours the Lord has bestowed on you." - Mother Seraphina

“There must be a better way to make the things we want, a way that doesn't spoil the sky, or the rain or the land” ~ Paul McCartney



Janamashtami  
( August 18 )

Students sought Lord Krishna's blessings through a beautiful ceremony highlighting the teachings of Lord Krishna. It was enchanting to witness and was enjoyed by all.



Club Meeting Class 6-10

Club meetings for classes 6-10 were held to strike a balance between extracurriculars and studies. Various activities pertaining to each club were held by the students under the guidance of teachers



Independence Day  
Celebration  
( 1-6 August )

In order to ignite values of patriotism in the budding adults, Independence Day celebration week was organized where various activities like role play, mock parliament and patriotic song competitions were held.

Independence Day Celebration  
( August 13 )

Students of classes 5,6, 10 and 12 held an assembly on 13th August to celebrate the glorious event of our country's 76th Independence Day. With Rev. Sister Gloria as the Chief Guest and Ms. Alka Chopra as the Guest of Honour.

The celebration of our 76th Independence Day included dance, drama, songs and self composed compositions that filled everyone's hearts with patriotism and respect for their Motherland. It was a memorable occasion to witness and will be etched in the students' minds forever.

Joy



“Gentle manners charm the heart and delight the soul”- Mother Seraphina

"Sustainability is a political choice, not a technical one. It's not a question of whether we can be sustainable, but whether we choose to be" ~ Gay Lawrence

### Mother Pia Memorial Inter School Competition ( August 26 )

The much-awaited Mother Pia Memorial Inter School Competition was held online. It included competitions for classes 1-12 ranging from poem recitation to creating sustainable fashion out of waste. Many schools actively participated and it was a fruitful experience for all.



### Outreach Programme ( August 31 )

Keeping up with the spirit of charity and kindness. The students of class 11 donated basic necessities. It was an enriching experience for all present.



### Teacher's Day ( September 5 )

The students all together organized a special assembly for their dearest teachers on 5th September 2022. The celebration included dances, songs, poetry and a ramp walk where the teachers dazzled in their gorgeous sarees along with the students. It was a joyous occasion and the smiles on teachers' faces were irreplaceable.



"The training one has had is revealed more at recreation than anywhere else." - Mother Seraphina



# CONGRATULATIONS

Class X 2021-2022

## Subject Toppers

English%  
HANSIKA SINGH 100

Hindi %  
ALEENA THOMAS 98

Maths%  
KARRA SARVAGNA 100  
SARA AHMED 100

Science %  
SARA AHMED 100  
KARRA SARVAGNA 100  
AADYA PRASAD 100  
GAYATHRI AJITH 100

Social Science%  
SARA AHMED 99

IT%  
HANSIKA SINGH 99  
GAYATHRI AJITH 99

## School Toppers

I - SARA AHMED 98%

II- AADYA PRASAD 97.6%

III - HANSIKA SINGH 97.2%

IV - KARRA SARVAGNA 97%

V- MAZIA KHAN 95.6%

*inspiration*



Moments to  
celebrate

“Achievements of today are the stepping stones for the future ones.” ~ Invajy

# CONGRATULATIONS

## Class XII 2021-2022

### Subject Toppers

ENGLISH	
-PRAGYA SRIKANTHPAI	98
-TIUSHKA BIDLA	98
ECONOMICS	
-KHUSHI NAGPAL	100
-SIMARPREET KAUR	100
HISTORY	
-THERESA ANNE JOJI	100
MATHEMATICS	
-AARUSHI JOHRI	95
-ANUSHKA GUPTA	95
-KHUSHINAGPAL	95
-RADHIKA CHOPRA	95
-SIMARPREET KAUR AHUJA	95
PHYSICS	
-ASRA KHAN	92
BUSINESS STUDIES	
-KHUSHI NAGPAL	97
POL. SCIENCE	
-RUPALI MONGIA	98
CHEMISTRY	
-ASRA KHAN.	97
BIOLOGY	
-SUDI KSHA GUPTA	96
ACCOUNTANCY	
-KHUSHI NAGPAL	98
INFORMATICS PRACTICES	
-THERESA ANNE JOI	98
PHYSICAL EDUCATION	
-ANUSHKA GUPTA	97

### School Toppers

Khushi Nagpal	97.4%
Aarna Kashvi	96.4%
Theresa Anne Joji	95.8%
Radhika Chopra	95.6%
Asra Khan	94.6%



Kushi Nagpal  
First



Aarna Kashvi  
Second



Theresa Anne Joji  
Third



Radhika Chopra  
Fourth



Asra Khan  
Fifth

Moments

"If you keep working at it, if you keep moving forward, you will achieve what you want." ~ Leigh Shulman

# INTER SCHOOL COMPETITIONS

Organiser	Competition	Position	Participants
1 Don Bosco	Western Dance	First Runner Up	Sanjana Malik (12th) Dakshita Kaushik (12th) Ananya Raj (12th) Sneha Kindo (12th) Sneha Regina (12th) Roshni Barva (12th) Janvi Jethwani (12th) Anshika Panwar (12th)
2 Apeejay School, Saket	Devil's Advocate (Turncoat Debate)	First	Anshika Mehta (12th)
3 Apeejay School, Saket	Swaragini	Second	Vyakhaya 7C
4 Apeejay School, Saket	Al Heena	Appreciation Certificate	Rutuparna Swain 8A
5 Kalka Public School	Create a Book Trailer	Second	Gauri 8A Kashvi Rai 8A
6 Kalka Public School	Monologue	Appreciation Certificate	Jeevitha Bagai 10C
7 Kalka Public School	Modern Architecture	Third	Adwita Vishal 8A Teena Maria 8A
8 Kalka Public School	Singing Competition	Third	Anshika 7C



*Congratulations*

"The difference between animals and humans is that animals change themselves for the environment, but humans change the environment for themselves." ~ Ayn Rand

"Devote time for your studies and other curricular activities as if you have to sit for an examination at the end of the day." - Mother Seraphina

# Zonal Competitions

	Competition	Position	Participants
1.	Poster Making Competition ( Junior )	Second	Suhita Banerjee 8 A
2.	Poster Making Competition ( Senior )	Second	Kriti Shehrawat (11th)
3.	PV Sindhu Badminton Tournament( Junior )	First	dinarika waldia- 9C Samaira sajjad- 8C Vani Sharma- 9B Akshita Gupta- 10B Anya Gaur-10B
4.	Table Tennis Competition(Senior)	Second	Sanjana Malik (12th) Nandini Chauhan (12th) Divya Malik (11th) Charu Rawat (11th) Nishtha Paharia (11th)
5.	Shot Put(Sub Junior)	First	Brahmishtha 9C
6.	Discuss Throw (Sub Junior)	First	Brahmishtha 9C



“Everybody wants to be famous, but nobody wants to do the work. I live by that. You grind hard so you can play hard. At the end of the day, you put all the work in, and eventually, it’ll pay off. It could be in a year, it could be in 30 years. Eventually, your hard work will pay off.” - Kevin Hart



“We can never give to others what we have not instilled in ourselves in the first place.” - Mother Seraphina





inspiration



Try not to forget this moment



Happy moments



collect beautiful moments



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