

# OUR VISION

| To set up **Saraswati Mandir**

# OUR MISSION

| To provide value based education for  
**Holistic Growth**

# UNIVERSAL VALUES

## THE DNA OF OUR FEDERATION

### SWA (SELF):

1. Personal Mastery (स्व निर्माण एवम् नियंत्रण)

### PAR (OTHERS):

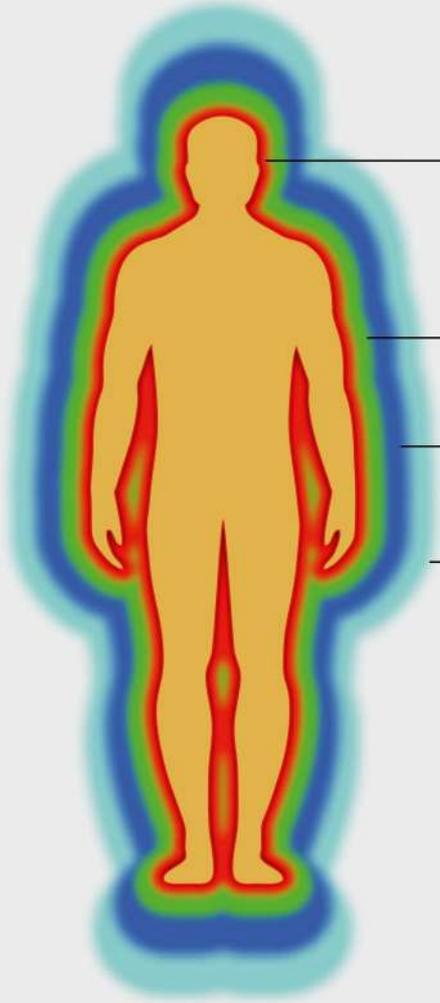
2. Forgiveness (क्षमा)

3. Other's Wellbeing (पर-हित)

4. Gratitude (कृतज्ञता)

**Code: P-FOG**

# P-FOG



→ **P**ersonal Mastery  
(स्व निर्माण एवम् नियंत्रण)

→ **F**orgiveness (क्षमा)

→ **O**ther's Wellbeing (पर-हित)

→ **G**ratITUDE (कृतज्ञता)

**WAYS TO  
INCORPORATE THE  
UNIVERSAL VALUES  
INTO OUR DNA**

# **PERSONAL MASTERY**

(स्व निर्माण एवम् नियंत्रण)

- A. Continuous Learning**
- B. Embracing Challenges**
- C. Practicing Equanimity**

# **FORGIVENESS**

(क्षमा)

- A. Thinking from other's point of view**
- B. Letting Go**
- C. Detoxing Guilt**

# **OTHERS' WELLBEING**

(पर-हित)

- A. Do onto other what you want for yourself**
- B. Contributing to others**
- C. Live and Let Live**

# **GRATITUDE**

(कृतज्ञता)

- A. Celebrating all the blessings of the universe**
- B. Remembering those who helped you in life**
- C. Reverence towards Spiritual Gurus,  
Parents and Teachers**