



ACADEMIC PLANNER
SESSION 2026-27
CLASS-V



SUBJECT: ENGLISH

TERM-I (APRIL – SEPTEMBER)

APRIL

Recapitulation of Basic Concepts: Verbs, Modals, Adjectives, Adverbs, Punctuation, Handwriting Practice, Vocabulary Enrichment, Reading and Speaking Practice

Reading Comprehension: Unseen Passage

Writing Skills: Paragraph writing

Grammar:

- Chapter 4: Nouns
- Chapter 5: Nouns – Singular and Plural
- Chapter 6: Nouns – Gender
- Chapter 7: Nouns – Possession

Literature:

- Chapter 1: *The Little Turtle*
Activity: Students will speak 5–6 sentences about their own pet or favourite animal.
- Chapter 3: *The Three Idols*

MAY

Reading Comprehension: Unseen Passage

Writing Skills: Application Writing

Grammar:

- Chapter 10: Articles
- Chapter 11: Pronouns

Literature:

- Chapter 2: The Seed Savers **to be taken as Reading Practice. Students will circle the words that describe the nouns in the chapter.**
- Chapter 4: *Heidi Meets Grandpa*
Activity: Students will be asked to write the character sketch of Heidi.
- Chapter 5: *In My Pillow*

JULY

Reading Comprehension: Unseen Passage

Writing Skills: Notice Writing

Grammar:

- Chapter 8: Adjectives
- Chapter 9: Adjectives – Degrees of Comparison
- Chapter 12: Verbs
- Chapter 13: Tense
- Chapter 14: Simple Present Tense
- Chapter 15: Present Continuous Tense
- Chapter 16: Present Perfect Tense

Literature:

- Chapter 6: *Krishna and Sudama*
Activity: “A friend in need is a friend indeed” – Students will speak a few sentences about their true friend.
- Chapter 7: *A Visit to Kaziranga*
- Chapter 8: *The Time-Travelling River*

AUGUST – SEPTEMBER

Reading Comprehension: Unseen Passage

Writing Skills: Story Writing

Grammar:

- Chapter 17: Simple Past Tense
- Chapter 18: Past Continuous Tense
- Chapter 19: Simple Future Tense
- Chapter 20: The ‘Going to’ Form
- Chapter 21: Future Continuous Tense
- Chapter 22: Can, May, Should, Must
- Chapter 29: Conjunctions

Literature:

- Chapter 10: *The Quarrelsome Kittens*
Activity: Students will make a chart of idioms related to animals.
- Chapter 11: *Millie’s Present*
Chapter 9 – *Anand and Cheetu to be taken as Reading Assessment.*

TERM II (OCTOBER – MARCH)

OCTOBER

Reading Comprehension: Unseen Passage

Writing Skills: Informal Letter

Grammar:

- Chapter 1: The Sentence
- Chapter 2: Subject and Predicate
- Chapter 23: Negative Sentences
- Chapter 24: Interrogative Sentences

Literature:

- Chapter 13: *Let's Play!*
Activity: Students will speak a few sentences about their favourite game.
- Chapter 14: *Foreign Lands*

NOVEMBER

Reading Comprehension: Unseen Passage

Writing Skills: Diary Entry

Grammar:

- Chapter 25: Active and Passive Voice
- Chapter 30: Punctuation and Capital Letters

Literature:

- Chapter 12: Pandora's Box **to be taken as Reading Practice. The students will circle all the punctuation marks and underline all the capital letters in the book.**
- Chapter 15: *The Boy Who Saved His Country*
- Chapter 16: *The Way Home*
Activity: Students will draw a map from school to home or from a market to home and describe it.

DECEMBER

Reading Comprehension: Unseen Passage

Writing Skills: Recipe/Process Writing

Grammar:

- Chapter 26: Subject-Verb Agreement
- Chapter 31: Direct and Indirect Speech
- Chapter 27: Adverbs

Literature:

- Chapter 17: *The Nail Soup*

JANUARY – FEBRUARY**Reading Comprehension:** Unseen Passage**Writing Skills:** Informal Letter**Grammar:**

- Chapter 3: Parts of Speech
- Chapter 28: Prepositions

Literature:Chapter 18 – *Don't Give Up to be taken as Reading Assessment.***BOOKS**

1. *English Wizard: A Guiding Course in English* (Bharati Bhawan)
2. *Essentials of English Grammar and Composition* (Sultan Chand)

विषय - हिंदी
प्रथमावधि (अप्रैल - सितम्बर)
पाठ -1 से पाठ - 7
(अप्रैल)

* मात्राओं का अभ्यास (मौखिक एवं लिखित), शुद्ध उच्चारण , सुलेख, श्रुतलेखन, वाक्य रचना, चित्र वर्णन, रचनात्मक कार्य, अपठित गद्यांश आदि।

श्रवण कौशल : कविता वाचन , न्याय की कुर्सी (कहानी) शुद्ध उच्चारण

वाचन कौशल : मेरा परिचय, मेरा विद्यालय

पठन कौशल : पाठ-1 किरन (कविता)

पाठ - 2 न्याय की कुर्सी

लेखन कौशल : अनुच्छेद लेखन - प्रकृति हमारी मित्र , चित्र वर्णन

व्याकरण : विलोम शब्द, पर्यायवाची शब्द

* प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।

* मल्टीमीडिया का प्रयोग ।

(मई)

श्रवण कौशल : न्याय की कुर्सी (कहानी) शुद्ध उच्चारण

वाचन कौशल : मेरा परिवार , मेरा देश

पठन कौशल : पाठ -3 चांद का कुरता

लेखन कौशल : अनुच्छेद लेखन - पशु-पक्षी हमारे मित्र , चित्र वर्णन

व्याकरण : अनेकार्थी शब्द , संज्ञा , वचन

* प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।

* मल्टीमीडिया का प्रयोग ।

(जुलाई)

श्रवण कौशल : मेरा प्रिय पशु , अरुणाचल प्रदेश की लोककथा

वाचन कौशल : प्रकृति हमारी मित्र

पठन कौशल : पाठ-4 साङ्केन

पाठ - 5 सुंदरिया

लेखन कौशल : मेरा प्रिय त्योहार , चित्र वर्णन
व्याकरण : सर्वनाम, विशेषण- विशेष्य, मुहावरे
प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।
मल्टीमीडिया का प्रयोग ।

(अगस्त - सितंबर)

श्रवण कौशल : चतुर चित्रकार , मेरा बचपन (कहानी)
वाचन कौशल : मेरा प्रिय अध्यापक , मेरे बचपन का एक किस्सा
पठन कौशल : पाठ - 6 चतुर चित्रकार
पाठ - 7 मेरा बचपन
लेखन कौशल : अनुच्छेद लेखन - मेरी प्रिय अध्यापिका , मेरा जीवन लक्ष्य , चित्र वर्णन
व्याकरण : क्रिया, लिंग, कारक , विराम-चिह्न
प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।
मल्टीमीडिया का प्रयोग ।

द्वितीयावधि (अक्टूबर से मार्च)

पाठ 8 -12

(अक्टूबर)

श्रवण कौशल : राजा विक्रमादित्य की कहानी , समुद्री जीवों से संबंधित जानकारी
वाचन कौशल : अनुभव वर्णन , त्योहारों का महत्त्व
पठन कौशल : पाठ-8 काजीरंगा राष्ट्रीय उद्यान की यात्रा
लेखन कौशल : अनुच्छेद लेखन- वृक्षों का महत्त्व , चित्र वर्णन
व्याकरण : संज्ञा, सर्वनाम, वचन
प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास
मल्टीमीडिया का प्रयोग

(नवंबर)

- श्रवण कौशल : कला मंदिरों का महत्त्व , खट्टे हैं अंगूर
वाचन कौशल : भारत के दर्शनीय स्थल, प्रकृति-प्रेम
पठन कौशल : पाठ - 9 न्याय (कहानी)
पाठ - 10 तीन मछलियां
गतिविधि - शब्द-युग्मों की पहचान करना
लेखन कौशल : अनुच्छेद लेखन - विज्ञान - वरदान या अभिशाप
व्याकरण : क्रिया, पर्यायवाची शब्द , मुहावरे
प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।
मल्टीमीडिया का प्रयोग ।

(दिसम्बर)

- श्रवण कौशल : जीवन में शिक्षा का महत्त्व, खेलों का हमारे जीवन में महत्त्व
वाचन कौशल : विज्ञान - खेल भावना का विकास , प्रकृति-प्रेम
पठन कौशल : पाठ -11 हमारे ये कलामंदिर
लेखन कौशल : जन्मदिन पर निमन्त्रण-पत्र , उपहार हेतु धन्यवाद पत्र
व्याकरण : क्रिया, काल, विशेषण, अनेकार्थी शब्द
प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।
मल्टीमीडिया का प्रयोग ।

(जनवरी - फरवरी)

- श्रवण कौशल : मेरा भारत महान , राष्ट्रप्रेम संबंधित कहानी
वाचन कौशल : भारत की शान तिरंगा, देशसेवा सर्वश्रेष्ठ धर्म
पठन कौशल : पाठ - 12 गंगा की कहानी
लेखन कौशल : अनुच्छेद लेखन - मेरा भारत महान , प्रार्थना- पत्र , चित्र वर्णन
व्याकरण : समश्रुत शब्द, संज्ञा, सर्वनाम, लिंग, वाक्यांश
प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।
मल्टीमीडिया का प्रयोग ।

पुस्तक का नाम : वीणा (भाग -5)

प्रकाशन : NCERT

* नमस्कार महामंत्र एवं राष्ट्रगान हिंदी पाठ्यक्रम का महत्वपूर्ण हिस्सा हैं।

SUBJECT- MATHEMATICS
TERM-I (APRIL-SEPTEMBER)

MONTH	CHAPTER/TOPIC	ACTIVITY
APRIL	<p>CHAPTER-1 WE THE TRAVELLERS—I</p> <p>CHAPTER-2 FRACTIONS</p>	<p>-Number Detective Challenge – Students solve clues to identify a mystery number.</p> <p>-Place Value Builder Game – Create the largest/smallest numbers using given digits.</p> <p>- Identify paper strips as fractions.</p> <p>-Design a Fraction Park – Divide a drawing into fractional parts creatively.</p> <p>-Real-Life Recipe Adjustment – Adjust ingredient quantities using fractions.</p> <p>-Equivalent Fraction Folding – Fold paper to discover equivalent fractions.</p>
MAY	<p>CHAPTER-3 ANGLES AS TURNS</p>	<p>-Classroom Angle Hunt – Identify and classify angles in real objects.</p> <p>-Can These Angles Form a Triangle? – Check logically if angles can make a triangle.</p> <p>-Human Angle Estimation – Form and estimate angles using body movements.</p> <p>-Angle Classification Chart – Measure and categorize angles accurately.</p>
JULY	<p>CHAPTER-4 WE THE TRAVELLERS—II</p>	<p>-Math Escape Room Challenge – Students solve addition and subtraction clues to unlock the next stage.</p> <p>-Balance the Equation Game – Fill missing numbers to make both sides of an equation equal.</p> <p>-Number Ladder Challenge – Start from one number and reach a target using only addition or subtraction steps.</p>

	CHAPTER-11 GRANDMOTHER'S QUILT	<ul style="list-style-type: none"> - Find the perimeter of different shape cut-outs. - Area Puzzle Pieces – Arrange given pieces to form shapes with equal area but different boundaries.
DECEMBER	CHAPTER-12 RACING SECONDS CHAPTER- 13 ANIMAL JUMPS	<ul style="list-style-type: none"> - Make a clock. - Daily Routine Audit – Analyse time spent on daily activities. - Create Your Own Time Problem – Frame and solve real-life time questions. -Ask students to make a factor tree using different shapes in their notebooks. - Bell Ringing LCM Problem – Find when repeating events occur together.
JANUARY- FEBRUARY	CHAPTER-14 MAPS AND LOCATIONS CHAPTER-15 DATA THROUGH PICTURES	<ul style="list-style-type: none"> - Treasure Hunt Map – Follow directions using cardinal points. - Scale Drawing Task – Draw objects using a given scale. - Direction Coding Game – Decode movement instructions logically. - Cut out different shapes measure them and find its area and perimeter. - Misleading Graph Detective – Identify errors in incorrectly drawn graphs. - Make a pie chart using colored sheet cut outs.

PRESCRIBED TEXTBOOK: NCERT

NAME OF THE PUBLISHER: NCERT

ENVIRONMENTAL STUDIES

TERM I (APRIL – SEPTEMBER)

MONTHS	TERM-I	Activities
APRIL	Chapter 1: Water- The Essence of Life	<ul style="list-style-type: none">▪ Poem Recitation-Students will write and recite a poem on “A Drop’s Journey”▪ Posters on “Save Every Drop”▪ A comic strip showing a superhero saving water▪ Water Rap Song▪ Mustard seeds activity – Flow of river▪ Wax crayon Activity- To show wax coating on leaves▪ Water cycle Activity- Transparent bag, colored water▪ Water cycle song- https://youtube/QAGcwQJYosM?feature=shared▪ Role Play- “I am a Raindrop”▪ Water Detective Activity: Track water usage at home for 24 hours▪ Save Water Song https://youtu.be/2QIdqNjUuTs?feature=shared▪ Rainwater Harvesting Model
MAY	Chapter 2: Journey of a River	<ul style="list-style-type: none">▪ Story Telling- The Tale of a River- from glacier to ocean▪ Journey of River – well labelled drawing▪ Video- https://youtu.be/Sv16XOnNKeU?si=Me22fHckMIDET2TX▪ Disaster emergency kit- Students will prepare a kit of essential items▪ Collage Making – Students will make collage of different pictures showing ways rivers help people▪ Weave a story-Students will be asked to weave a story on “If I Were a River...”
JULY	Chapter 3: The Mystery of Food	<ul style="list-style-type: none">▪ Kitchen Science: Sprouting, fermentation, or cooking changes▪ Role Play: Enact the journey of food—from farmer to consumer.▪ Microbe Detective Activity▪ Fresh vs Stale Food Identification Activity

		<ul style="list-style-type: none"> ▪ Chart-Preservation Methods ▪ Mindful Eating Demonstration Activity ▪ Gratitude Note-For food or empathy for farmers ▪ Experiential Activity-Demonstration of Food Preservation Methods
JULY	Chapter 4: Our School-A Happy Place	<ul style="list-style-type: none"> ▪ School Explorer- School walk to explore school areas ▪ Poster Making-My School, My Pride ▪ Segregation Game-waste separation activity ▪ Chart- Traffic Rules and Road Safety measures ▪ Elocution Activity- My Dream School ▪ Thank-you Card- For someone in school who helps every day ▪ Happiness Tree-Things that makes school happy ▪ Enactment-School Etiquettes ▪ Demonstration Activity-Water Conservation
AUGUST SEPTEMBER	Chapter 5: Our Vibrant Country	<ul style="list-style-type: none"> ▪ Mini 3-D Model- Showing Tableau of your state ▪ Cultural Fair- Showcasing dresses of different regions. ▪ Music Activity- National Anthem or Folk Songs ▪ Chart-Symbols of national identity (flag, anthem, emblem). ▪ Classroom Exhibition- Exhibiting food, dress, and music from different regions ▪ Currency Exploration Activity-Students will observe different currency notes and write observation ▪ Language Fun- Students will be asked to find out how few commonly used words are spoken in different languages ▪ Poster- Contribution of local Heroes who have helped the community.

TERM II (OCTOBER – FEBRUARY)

OCTOBER	Chapter 6: Some Unique Places	<ul style="list-style-type: none"> ▪ Role-play: Students will enact on “Living in Ladakh” or “Boating in Kerala” with props and costumes. ▪ Travel Expo -Students will present stalls on different places. ▪ Nature Pledge Leaf: Students cut out leaf-shaped papers and write a pledge to protect a specific natural site (e.g., "I pledge to keep the mangroves clean"). ▪ Birdhouse Building: Students will create small, safe birdhouses for sparrows using twigs, leaves, cotton.
	Chapter 7: Energy- How Things Work	<ul style="list-style-type: none"> ▪ Balloon Air Rocket-Student will make balloon air rocket to show that movement of air generates energy. ▪ Pinwheel Model- to understand ▪ Energy Flow Game ▪ Energy Hunt: Students will explore their homes/school to list energy-using devices. ▪ My energy Diary- Students will keep a record of energy used in one day
NOVEMBER	Chapter 8: Clothes- How Things are Made	<ul style="list-style-type: none"> ▪ Weaving Activity-Students will do weaving using colored paper stripes. ▪ Spinning ball Activity- To learn spinning ▪ Stitching Activity- To learn simple running stitching ▪ Collage Making- Students will create a collage of clothing from different Indian state. ▪ Demonstration Activity- Students will be shown the Tailor’s toolkit (measuring tape, scissors, thread)
DECEMBER	Chapter 9: Rhythms of Nature	<ul style="list-style-type: none"> ▪ Demonstration – Students will understand Rotation of Earth using Torch and a globe. ▪ Seasonal Journaling-Students will create a journal to record weekly changes in weather, blooming flowers, or bird arrivals etc. ▪ Role Play-Students will dramatize how a tree looks, feels, and changes throughout the year.

		<ul style="list-style-type: none"> ▪ School Garden Walk-Schoolyard Exploration: Take students outside to the school garden or nearby nature spot to observe patterns in nature
JANUARY FEBRUARY	Chapter 10: Earth- Our Shared Home	<ul style="list-style-type: none"> ▪ Eco Detective Activity-Students will be taken to nature walk to observe soil, plants, insects, and water sources. ▪ Earth Pledge Chart- Students will create a chart in classroom with handprints and promises. ▪ Poster Making-Students will make poster on “Vasudhaiva Kutumbakam” ▪ Interview a grandparent: Students will interview to know that “How was Earth treated in their childhood?”

BOOK NAME: MY WONDROUS WORLD

NAME OF THE PUBLISHER- NCERT

**GENERAL KNOWLEDGE
TERM 1 (APRIL - SEPTEMBER)**

APRIL - MAY

- MY VIDYALAYA
- VALLABH SMARAK- AN ABODE OF LEARNING
- OUR CITY – DELHI

JULY

- OUR COUNTRY- INDIA
- HERITAGE SITES

AUGUST-SEPTEMBER

- INDIAN STATES AND UNION TERRITORIES
- SUPERLATIVES OF THE WORLD

TERM 2 (OCTOBER-MARCH)

OCTOBER

- SOLAR SYSTEM
- BOOKS & AUTHORS

NOVEMBER

- SPORTS AND GAMES
- DANCE FORMS OF INDIA

DECEMBER

- BIRDS & ANIMALS

JANUARY-FEBRUARY

- INDIAN HISTORY
- MIXED BAG

SANSKAR SAMVARDHAN
TERM 1 (APRIL - SEPTEMBER)

APRIL

- **FACING CHALLENGES WITH COURAGE**
- **BEING JUST AND HELP OTHERS TO SOLVE THEIR PROBLEMS**

MAY

- **FORGIVENESS, KINDNESS AND HOPE**

JULY

- **SPORTSMANSHIP AND FAIRPLAY**
- **SAVE RESOURCES**

AUGUST-SEPTEMBER

- **CLEANLINESS**

TERM 2 (OCTOBER-MARCH)

OCTOBER

- **DON'T LISTEN TO OR SPREAD GOSSIPS**

NOVEMBER

- **WORK IS WORSHIP**
- **KEEPING A PROMISE**

DECEMBER

- **SPEND, SAVE AND SHARE MONEY**

JANUARY-FEBRUARY

- **WORK HARD TO MAKE YOUR DREAMS COME TRUE**
- **BEING A RESPONSIBLE CITIZEN**

COMPUTER SYLLABUS

TERM 1

APRIL

1. COMPUTER FUNDAMENTALS

MAY

2. EDITING IN MS WORD

JULY

3. MS WORD: TABLES AND MAIL MERGE

AUGUST

4. INTRODUCTION TO MS EXCEL

TERM 2

SEPTEMBER

5. FORMULA AND FUNCTION IN MS EXCEL

OCTOBER - NOVEMBER

6. MULTIMEDIA AND DESIGN (POWER POINT)

DECEMBER

7. INTERNET, ONLINE ETHICS AND SECURITY

JANUARY-FEBRUARY

8. PROGRAMMING CONCEPTS

SUBJECT – ART AND CRAFT
SYLLABUS (AS PER NEW CURRICULUM)

<u>TERM 1</u> <u>APRIL – MAY</u>	
2D OR PICTORIAL ACTIVITY.	POSTER ON EARTH DAY, A BEAUTIFUL COMPASSION. LANDSCAPE. BIRD DRAWING. DOT PAINTING. PASTEL COLOUR DRAWING.
3D OR CRAFT ACTIVITY.	VEGETABLE PRINTING. HAND PRINTING. LEAF PRINTING. PAPER BAG MAKING.
<u>JULY</u>	
2D OR PICTORIAL ACTIVITY	FOREST SCENE. ANIMAL DRAWING. VILLAGE SCENE. WARLI ART. BULLOCK CART.
3D OR CRAFT ACTIVITY.	SUSTAINABLE FASHION. GREETING CARD MAKING.
<u>AUGUST –SEPTEMBER</u>	
2D OR PICTORIAL ACTIVITY	RIVER SIDE. SUNSET SCENE. BEACH SCENE. A RAINY DAY. CASTEL DRAWING. TRI COLOUR PAINTING.
3D OR CRAFT ACTIVITY	CLOTH BAG MAKING. BEST OUT OF WASTE. TRI-COLOUR CRAFT.
<u>TERM II</u> <u>OCTOBER -- NOVEMBER</u>	
2D OR PICTORIAL ACTIVITY	MANDALA ART. DUSSEHRA DRAWING. POSTER ON ECO-FRIENDLY DIWALI. HELPING MOTHER. PENCIL SKETCHING. WATER COLOUR.
3D OR CRAFT ACTIVITY	PUPPET MARKING ACTIVITY. WASTE TO WEALTH. CANDLE MAKING AND DIYA PAINTING ACTIVITY.

<u>DECEMBER</u>	
2D OR PICTORIAL ACTIVITY	MADHUBANI PAINTING, ABSTRACT PAINTING. CHRISTMAS DRAWING.
3D OR CRAFT ACTIVITY	CHRISTMAS DECORATION.
<u>JANUARY - FEBRUARY</u>	
2D OR PICTORIAL ACTIVITY	NEW YEAR DRAWING.WINTER SCENE.

PRESCRIBED TEXT BOOK: NEP BASED WORKSHEETS

SUBJECT – HEALTH AND PHYSICAL EDUCATION

TERM—I (APRIL – SEPTEMBER)

APRIL

- ✓ AGREEMENT FOR SAFETY ON GROUND/SAFETY RULES
- ✓ FOUR AND EIGHT COUNT EXERCISE INVOLVING DIFFERENT BODY PARTS DONE TO COMMAND/MUSIC

MAY

- ✓ ASANAS
- ✓ SHUTTLE RUN/RELAY
- ✓ FITNESS ASSESSMENT

JULY

- ✓ AGREEMENT FOR SAFETY ON GROUND/SAFETY RULES
- ✓ REPETITION OF ATTENTION STANDS AT EASE, LINE FORMATION, AND MARK-TIME, BREAK OFF AND DISMISS ETC.
- ✓ FITNESS ASSESSMENT
- ✓ RECREATIONAL GAMES

AUGUST – SEPTEMBER

- ✓ SHORT SPRINT: 50M AND 80M STANDING START, ENDURANCE: 200M, HOPING: 15 TO 30M
- ✓ THROWING: BALL THROW/OBJECT THROW
- ✓ FITNESS ASSESSMENT

TERM – II (OCTOBER - MARCH)

OCTOBER

- ✓ CIRCUIT TRAINING (COMBINATION OF TWO OR MORE ACTIVITIES)
- ✓ INDIGENOUS AND SELF-DEFENSE ACTIVITIES
- ✓ FITNESS ASSESSMENT
- ✓ FIT INDIA WEEK

NOVEMBER

- ✓ WHAT ARE THE WAYS TO HAVE MY BODY IN CONTROL AND BALANCE?
- ✓ FITNESS ASSESSMENT

DECEMBER

- ✓ SELF-TESTING ACTIVITIES
- ✓ FITNESS ASSESSMENT

JANUARY – FEBRUARY

- ✓ INVOLVING FUNDAMENTAL SKILLS IN FOOT BALL, VOLLEY BALL TO BE TAUGHT IN THE FORM OF SMALL AREA GAMES
- ✓ RECREATIONAL GAMES RELATED TO FOOT BALL, VOLLEY BALL

*** MODIFIED THE RULES AND REGULATIONS FOR INCLUSIVE ENVIRONMENT.**