

YEARLYPLANNER
BALVATIKA - 1
2026-27

LANGUAGE DEVELOPMENT**Listening (श्रवण)**

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words
- कहानी, कविता

Speaking (वाचन)

- Free conversation centering around childrens' body parts, things, people around them and their immediate environment
- Naming of body parts and the five senses
- Speaking about family, relationships and family activities
- Vocabulary related to letters li, Ll, Tt, Jj
- Reciting rhymes rhythmically
- कविता, मुक्तवार्तालाप

Reading (पठन)

- Matching object to similar objects
- Matching object to picture

- Relating picture to an action
- चित्रपठन

Writing

- Free hand drawing
- Pattern writing
- Tracing on dotted lines
- Tracing and writing letters li, Ll, Tt, Jj

COGNITIVE DEVELOPMENT

- Pre-number Concepts: tall/short
- Shapes: circle
- Colours: red
- Touch counting 1, 2 and 3 with the help of objects and pictures
- Ordering objects according to attributes: size, colour and shape
- Number recognition, number sense and writing
- Building problem solving skill through simple mazes and puzzles

FINEMOTOR DEVELOPMENT

- Colouring, paper tearing and pasting
- Finger play and exercises



GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and directionality
- Animal walk (crawling)
- Animal movements
- Walking on a straight path
- Performing actions in rhymes

EXPLORATION

- Comparing the facial features of self with others
- Knowing likes and dislikes of self and others

SOCIO-EMOTIONAL DEVELOPMENT

- Speaking about feelings and being aware of different emotions
- Understanding and speaking about one's likes and dislikes
- Sharing with peers, doing planned group activities
- Expressing during pretend play
- Discussion about personal hygiene and good habits

- Self help skills: washing and wiping hands, folding aprons, cleaning the table after meals

SEASONS AND FESTIVALS

- Discussion about summer season— characteristics and things used in the season
- Art and craft activities related to the themes and festivals of the month

RHYMES

- Two Little Dicky Birds
- I am special
- तोता हूँ मैं तोता हूँ
- एक हाथी

LANGUAGEDEVELOPMENT

Listening(श्रवण)

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words
- कहानी, कविता
- स्वरअ - अ:

Speaking (वाचन)

- Free conversation centering around parts of plants, needs of plants & meal times, different kinds of food
- Naming of fruits and vegetables
- Speaking about how plants help us
- Speaking about the healthy and un-healthy food
- Speaking about where does food come from
- Recap of Ii, Ll, Tt, Jj
- Vocabulary related to letters Cc, Oo, Aa, Dd, Gg, Qq
- Reciting rhymes rhythmically
- कविता, मुक्तवार्तालाप, स्वरअ - अ:

Reading(पठन)

- Matching an object to similar objects
- Relating a picture to an action
- Matching pictures to beginning sounds of letters
- चित्रपठन

Writing (लेखन)

- Free hand drawing
- Pattern writing
- Tracing on dotted lines
- Tracing and writing letters Cc, Oo, Aa, Dd, Gg, Qq

COGNITIVEDEVELOPMENT

- Pre Number Concepts: one/many, hot/cold
- Shape: triangle, square
- Colour: green, blue
- Touch counting with the help of objects and 4, 5, 6, 7, 8 pictures
- Number recognition, number sense and writing—
- Building problem solving through simple mazes and puzzles

FINEMOTORDEVELOPMENT

- Colouring, paper tearing and pasting, paper crushing



GROSSMOTORDEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and directionality
- Walking on a straight path
- Walking on rungs of ladder placed on the ground
- Performing actions in rhymes

EXPLORATION

- Exploring the size, shape, colour and texture of different fruit and vegetables
- Exploring different tastes

SOCIO-EMOTIONAL DEVELOPMENT

- Speaking about food and healthy eating
- Sharing and eating during meal times
- Discussion about personal hygiene, healthy eating habits and etiquettes
- Self-help skills: washing hands, folding aprons, cleaning the table after meals

SEASONS AND FESTIVALS

- Discussion about monsoon-characteristics and things used in the season
- Art and craft activities related to themes and festivals of the month

RHYMES

- Five Little Monkeys
- Carrot, Cabbage, Broccoli
- सूरजनिकला
- भालूआया
- कबीरकेदोहे

LANGUAGE DEVELOPMENT

Listening (श्रवण)

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words
- स्वर (अ-ई) व इन से सम्बंधित शब्दकोष

Speaking (वाचन)

- Free conversation centering around farm animals, pet animal and wild animals
- Speaking about useful animals and young ones of animals
- Recap of c, o, a, d
- Vocabulary related to letters Bb, Pp, Hh, Nn, Mm, Rr
- Reciting rhymes rhythmically Recap of c, o, a, d
- स्वर (अ-ई) व इन से सम्बंधित शब्दकोष

Reading (पठन)

- Matching an object to similar objects
- Matching an object to a picture

- Relating a picture to an action
- Matching pictures with the beginning sounds of letters
- चित्र पठन स्वर (अ-ई) तक

Writing (लेखन)

- Free hand drawing
- Pattern writing
- Tracing on dotted lines
- Tracing and writing letters Bb, Pp, Hh, Nn, Mm
- स्वर (अ-ई)

COGNITIVE DEVELOPMENT

- Pre Number Concept: heavy/light, big/small
- Shape: rectangle, recap of shapes
- Colour: yellow, orange
- Touch counting 9-14 with the help of objects and pictures
- Number recognition, number sense and writing
- Building problem solving through simple mazes and puzzles
- चित्र देखकर प्रथम स्वर को पहचान कर गोला लगाएं (अ-ई)



FINEMOTORDEVELOPMENT

- Colouring, papertearingandpasting, papercrushing
- Fingerplayandexercises

GROSSMOTORDEVELOPMENT

- Plannedgroupplayandindividualplaytodevelop physical strength, balance anddirectionality
- Walkingonstraightpath
- Walkingonrungsofladderplacedontheground
- Performingactionsinrhymes

EXPLORATION

- Exploringthesize,featuresandcharacteristicsofdifferentani
mals
- Exploringaboutthefoodeatenbydifferentanimalsand
placeswheretheylive

SOCIO-EMOTIONAL DEVELOPMENT

- Discussionabouttakingcareofanimals
- Discussiononhabitatsofanimals
- Storiesrelatedtoanimals

FESTIVALS

- Artandcraftactivitiesrelatedtothemesandfestivalsofth
emonth

RHYMES

- Red – Red Apple
- One, Two, Buckle my Shoe
- टिम - टिमतारे
- एकमोटाहाथी

LANGUAGE DEVELOPMENT

Listening (श्रवण)

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words
- स्वर (उ-ऐ) व इन से सम्बंधित शब्दकोष

Speaking (वाचन)

- Free conversation centring around different modes of transport
- Speaking about different modes of transport
- Recap g, q, b, p, h, n, m, r
- Touch counting with the help of objects and pictures
- Vocabulary related to letters Ss, Ff, Ee, Uu, Kk, Vv, Ww
- Reciting rhymes rhythmically
- स्वर (उ-ऐ) व इन से सम्बंधित शब्दकोष

Reading (पठन)

- Matching an object to similar objects

- Matching an object to a picture
- Relating a picture to an action
- Matching pictures with the beginning sounds of letters
- स्वर (उ-ऐ) व इन से सम्बंधित चित्र पठन

Writing (लेखन)

- Free hand drawing
- Pattern writing
- Tracing on dotted lines
- Tracing and writing letters Ss, Ff, Ee, Uu
- स्वर (उ-ऐ) व (अ-ऐ)

COGNITIVE DEVELOPMENT

- Pre-number Concept: More/Less, Up/Down
- Shape: Star, Diamond
- Colour: Purple
- Building problem solving skills through simple mazes and puzzles
- Number recognition, number sense and writing of number 15-20

FINE MOTOR DEVELOPMENT

- Colouring, paper tearing and pasting
- Finger play and exercises

- Workingwithplaydough

GROSSMOTORDEVELOPMENT

- Plannedgroupplayandindividualplaytodevelop physical strength, balance andcoordination
- Aimingwiththeball
- Actionsongs
- Runningrace
- Kickingaballandrunning
- Performingactionsinrhymes

EXPLORATION

- Exploringthewheelsofdifferentvehicles- size,shapeandnumbers

SOCIO-EMOTIONAL DEVELOPMENT

- Discussionontheimportanceofdifferentmeansoftransport
- Talkingaboutsafetymeasurestobefollowed

SEASONSANDFESTIVALS

- Discussionaboutwinterseason–characteristicsandthings we useinthe season

- Artandcraftactivitiesrelatedtothemesandfestivalsofthe month

RHYMES

- Row,Row,RowYourBoat
- Winter Winter
- ट्रेनमेंछन्नछन्न
- दिवालीआई

JANUARY Theme: NEIGHBOURHOOD/PEOPLE WHO HELP US

LANGUAGE DEVELOPMENT

Listening (श्रवण)

- Building attention span and listening comprehension through stories and rhymes based on the theme
- Listening to the sounds of letters in words
- स्वर (ओ-अ): वइनसेसम्बंधित शब्दकोष

Speaking (वाचन)

- Free conversation centring around neighbourhood and our helpers
- Naming of places in the neighbourhood
- Speaking about people who help us
- Reciting rhymes rhythmically
- Vocabulary related to letters Xx, Yy, Zz
- स्वर (ओ-अ): वइनसेसम्बंधित शब्दकोष

Reading (पठन)

- Matching an object to similar objects
- Matching an object to a picture
- Relating a picture to an action
- Matching pictures with the beginning sounds of letters

- Identifying beginning sounds of words
- स्वर (ओ-अ): वइनसेसम्बंधित चित्र पठन

Writing

- Free hand drawing
- Pattern writing
- Tracing on dotted lines
- Tracing and writing letters a-z in sequence
- स्वर अ-अ:

COGNITIVE DEVELOPMENT

- Building problem solving skills through simple mazes and puzzles
- Shape: Semi Circle
- Revision of numbers 1-20
- Oral counting numbers 1-50

FINEMOTOR DEVELOPMENT

- Colouring, paper crushing, drawing
- Finger play and exercises

GROSS MOTOR DEVELOPMENT

- Planned group play and individual play to develop physical strength, balance and coordination.
- Aiming with the ball

EXPLORATION

- Exploring the tools used by different helpers
- Exploring the vehicles used by different helpers

SOCIO-EMOTIONAL DEVELOPMENT

- Speaking about the importance of helpers in our life
- Talking about gratitude towards people who help us

SEASONS AND FESTIVALS

- Discussion about spring season
- Art and craft activities related to the theme and festivals of the month

RHYMES

- Teacher, Teacher, What Do You Do?
- Up in the sky
- कबीर के दोहे
- छुक छुक चलती है गाड़ी

FEBRUARY & MARCH

Revisiting and mastering the concept done throughout the session and getting ready for the next grade.

Please note that all efforts will be made to stick to the above plan of work, however sometimes there could be some changes in planning, under the following circumstances—

- Some topics may need more time or less time in class for the best understanding of the help by students.
- Unexpected holidays

